# Rannvijay Singh's guide to making the most of Santa Monica

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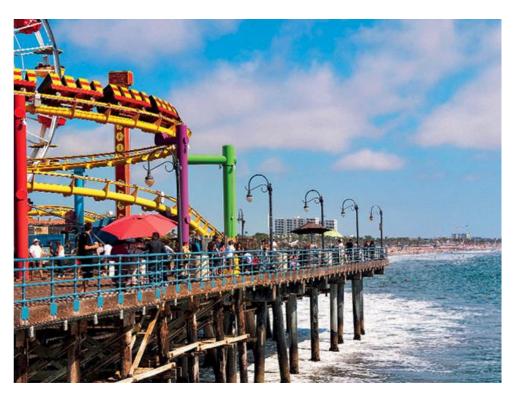
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Santa Monica offers an ideal balance of seaside charm and urban sophistication. All this, in addition to its adrenaline-packed attractions had the adventure enthusiast Rannvijay Singh, fall head over heels in love with the city. Heres taking a look at some of the top activities Rannvijay enjoyed in Santa Monica:

#### **BEACH ADVENTURE**

The long, wide expanse of Santa Monica Beach is distinguished from other Southern California shorelines by the • @^\{\(\hat{A}\)\(\phi\)\(\phi\)\(\phi\)\(\hat{A}\)\(

### **OCEAN FRONT WALK**

After the adrenaline-pumping activities, Rannvijay took a walk along the wide paved footpath, which extends south from the Santa Monica Pier. It was not just the walk that lured Rannvijay, the parasol-decked cafes along the beach seemed a perfect spot to enjoy a leisurely breakfast too.



Rannvijay Singh enjoys a fun workout at the fabulous Muscle Beach in Santa Monica.

Being a fitness freak, Rannvijay Singh found a perfect stretch just a little away from the Venice Beach Boardwalk at Muscle Beach. This lovely stretch of sand accented with an outdoor gym seemed like a a magnet for serious body-builders, cheerful exhibitionists, and plenty of gawkers. Interestingly enough, the surrounding area of beach has play areas for kids along with a skate park, a boxing ring, and of course, a regular beach. Once done with his workout, Rannvijay happily relaxed while watching others work up a sweat.

### SANTA MONICA PIER AND PACIFIC PARK

Rannvijay also dedicated time for a leisurely stroll along Santa Monica's signature pier during sunset, to watch as the ball of fire sank into the Pacific. Santa Monica only gets better from here. First there is an amusement park, perched right on the pier-called Pacific Park, with roller coasters and classic carnival rides, a nice mix even for little ones.

## THE TRAPEZE SCHOOL

The Trapeze School at Santa Monica Pier offers a high-flying, fun-filled experience on the Santa Monica Pier. Rannvijay's favourites include static trapeze, spanish web, trampoline, acrobatics and silks, which are also great for building overall strength and coordination. There are activities for everyone, from a thrillseeking amateur to serious aerialist. You do not need much skill to try your hand at the stunts here. The two hour long classes help you master the basics of these activities.

## **BIKING TRAILS**

Picking up a bike and riding down The Marvin Braude Bike Trail, was next on this adventure junkies list. For Rannvijay, the wind in his hair and music of the waves, along the scenic 22 mile route, which follows the shores of Santa Monica Bay, was both rejuvenating and exhilarating.

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